

**The Learning Center for the Deaf Physical Education**  
**Justin Carrus**  
**2022-2023**

***Teacher Contact Information:***

- Email: jcarrus@tlcdeaf.org
- Phone: TBA

***Class Goals:***

- To learn three skills (psychomotor, cognitive, and social/affective)
- Master the concepts and skills of the National Standards for Physical Education for your content
- Have fun!

***Student Expectations/Work Habits:***

- All TLC policies and rules will be followed in this class.
  - This information can be found in the Student Handbook

All members of the classroom, including staff, should be respectful at all times. Students will earn points for participation grade

- Students will earn points for
  - Arriving to class on time
  - Attendance
  - Respect (Fully participation and appropriate outfit)

***Grading:***

Students' grades will be determined according to the following weighted categories:

- Participation 80%  
*Attendance, Arriving on time, and Fully participation*
- Fitness 20%  
*Twice a month*

Students' Skyward accounts will be updated at least every two weeks to indicate their current performance and any missing or incomplete work. Students will receive letter grades A to F for high school and P/F for middle school.

***Extra Credits Homework:***

There is no homework for this class but have extra credits homework for the students who need to improve their grades. If any students who are absent often but need to improve their grades so they can grab extra credits homework on Google Classroom.

Each homework is worth one point. If a student receives a B+ (89) but want to get an A so students will need to complete one extra credit homework to get a 90.

- Assignments will be posted on the board (Google Classroom)
- You can turn in your assignments through Google Classroom or in person before the class starts

***Absences:***

- See the Parent-Student Handbook for more information.
- It is important for you to communicate with me on your absences so that way your absences can be excused.

***Materials:***

Students are required to bring the following items with them every class.

- Water bottles
- Shorts/Shirts/Long sleeve shirts/Sweatpants
- Sneakers

***COVID Expectations:***

- Mask break at anytime
- Use hand sanitizer after the class

***Classroom Expectations:***

- Run/jog/walk for three laps
- Dynamic stretches for warm up on your own (List of stretches will be posted on the wall)
- Physical Education activity
- Static stretches on your own (List of stretches will be posted on the wall)

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_