

| Sunday | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday |
|--------|---|---|---|---|---|----------|
|        |   |   | 1<br>Warm Cinnamon Rolls<br>Peach Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese                 | 2<br>Ham, Egg and Cheese or Egg and Cheese on English Muffin<br>Blueberry Parfait<br>Bagel with Cream Cheese  | 3<br>French Toast Sticks<br>Hash Brown Rounds<br>Strawberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese |          |
|        | 6<br>Warm Strawberry Guava Flip<br>Blueberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese  | 7<br>Sausage, Egg and Cheese or Egg and Cheese on English Muffin<br>Peach Parfait<br>Bagel with Cream Cheese  | 8<br>Breakfast Burritos with Salsa<br>Strawberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese  | 9<br>Ham, Egg and Cheese or Egg and Cheese on English Muffin<br>Berry Parfait<br>Bagel with Cream Cheese      | 10<br>Whole Grain Waffles<br>Sausage Links<br>Peach Parfait<br>Bagel with Cream Cheese                            |          |
|        | 13<br>Breakfast Pizza<br>Blueberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese            | 14<br>Sausage, Egg and Cheese or Egg and Cheese on English Muffin<br>Peach Parfait<br>Bagel with Cream Cheese | 15<br>Warm Cinnamon Rolls<br>Strawberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese           | 16<br>Ham, Egg and Cheese or Egg and Cheese on English Muffin<br>Blueberry Parfait<br>Bagel with Cream Cheese | 17<br>French Toast Sticks<br>Hash Brown Rounds<br>Peach Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese     |          |
|        | 20<br>Warm Strawberry Guava Flip<br>Blueberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese | 21<br>Sausage, Egg and Cheese or Egg and Cheese on English Muffin<br>Peach Parfait<br>Bagel with Cream Cheese | 22<br>Breakfast Burritos with Salsa<br>Strawberry Parfait<br>Fresh Fruit Cup<br>Bagel with Cream Cheese | 23<br>Ham, Egg and Cheese or Egg and Cheese on English Muffin<br>Berry Parfait<br>Bagel with Cream Cheese     | 24<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  |          |
|        | 27<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  | 28<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  | 29<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  | 30<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  | 31<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  |          |

| Sunday | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday |
|--------|--|--|---|---|--|----------|
|        |  |  | 1<br>Grilled Cheese<br>or<br>Yogurt Bento Box<br>or<br>Fish Sandwich<br>Tater Tots<br>Cucumber Wheels   | 2<br>Popcorn Chicken & Rice<br>Bowl<br>or<br>Ham & Cheese<br>or<br>Sunbutter & Jelly<br>Broccoli<br>Celery Sticks   | 3<br>Mac & Cheese<br>Or<br>Vegan Nuggets<br>Or<br>Turkey & Cheese<br>Baked Beans<br>Carrot Sticks    |          |
|        | 6<br>Grilled Cheese<br>or<br>Grilled Ham & Cheese<br>or<br>Roasted Veggie &<br>Hummus Wrap<br>Potato Chips<br>Broccoli Florets         | 7<br>Grilled Chicken &<br>Cheese Sandwich<br>or<br>Ham & Cheese<br>Or<br>Sunbutter & Jelly<br>Crinkle Fries<br>Baby Carrots                        | 8<br>Yogurt Bento Box<br>or<br>Sunbutter & Jelly<br>or<br>Turkey and Cheese<br>Apple Slices   | 9<br>Crispy Chicken Tenders<br>or<br>Vegan Nuggets<br>or<br>Ham and Cheese<br>Crinkle Cut Fries<br>Carrot Sticks  | 10<br>Cheese Pizza<br>or<br>Pepperoni Pizza<br>or<br>Ham & Cheese<br>Seasoned Corn<br>Garden Salad   |          |
|        | 13<br>Mozzarella Stick Basket<br>w/ Marinara Dip<br>or<br>Yogurt Bento Box<br>or<br>Ham & Cheese<br>Tater Tots<br>Roasted Broccoli     | 14<br>Rice w/ Chicken<br>Nuggets<br>Or<br>Hummus Bento Box<br>or<br>Ham & Cheese<br>Black Beans<br>Seasoned Corn<br>Garden Salad                   | 15<br><b>(HALF DAY)</b><br>Mac & Cheese<br>or<br>Sunbutter & Jelly<br>or<br>Turkey & Cheese<br>Crinkle Fries<br>Broccoli Florets<br>Cherry Tomatoes | 16<br>All Beef Hot Dog Bites<br>or<br>Chicken Nuggets<br>or<br>Ham and Cheese<br>Crinkle Fries<br>Broccoli Florets<br>Cherry Tomatoes                               | 17<br>Cheeseburger<br>or<br>Vegan Burger<br>or<br>Turkey and Cheese<br>Crinkle Fries<br>Baby Carrots |          |
|        | 20<br>Meatball Parmesan Sub<br>or<br>Vegan Meatball Sub<br>or<br>Turkey and Cheese<br>Tater Tots<br>Cherry Tomatoes<br>Cucumber Wheels | 21<br>Chicken Penne Alfredo<br>or<br>GF/Vegan Penne<br>Alfredo<br>or<br>Turkey & Cheese<br>Sandwich<br>Italian Roasted Broccoli<br>Cherry Tomatoes | 22<br>Cheese Pizza<br>or<br>Pepperoni Pizza<br>or<br>Ham & Cheese<br>Seasoned Corn<br>Garden Salad  | 23<br><b>(HALF DAY)</b><br>Hand Carved Roasted<br>Turkey<br>or<br>Warm Roasted<br>Provençal Sub<br>or<br>Ham and Cheese Sub<br>Mashed Sweet<br>Potatoes<br>Broccoli | 24<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>   |          |
|        | 27<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>   | 28<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>   | 29<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  | 30<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>  | 31<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>   |          |

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|---|--|---|--|---|
|  |   |   | 1<br>Grilled Cheese<br>or<br>Yogurt Bento Box<br>or<br>Fish Sandwich<br>Tater Tots<br>Cucumber Wheels  | 2<br>Teriyaki Chicken & Rice<br>Bowl<br>or<br>Hummus Wrap<br>or<br>Chicken Salad Sandwich<br>Broccoli<br>Celery Sticks  | 3<br>Pulled Pork Sliders<br>Or<br>Vegan Slopy Jane Slider<br>Or<br>Turkey & Cheese<br>Cole Slaw<br>Baked Beans | 4<br>BBQ Chicken Calzone<br>or<br>Broccoli and Cheese<br>Calzone<br>Garden Salad<br>Cucumber Wheels   |
| 5<br>Macaroni and Cheese<br>or<br>Crispy Chicken Wrap<br>Roasted Broccoli<br>Cooked Carrot Wheels<br>Garden Salad  | 6<br>Roast Beef & Swiss on<br>Multigrain<br>or<br>Loaded Italian Sub<br>or<br>Roasted Veggie &<br>Hummus Wrap<br>Potato Chips<br>Broccoli Florets   | 7<br>Grilled Chicken &<br>Cheese Sub<br>or<br>Warm Roasted<br>Provencal Wrap<br>Or<br>Sunbutter & Jelly<br>Crinkle Fries<br>Baby Carrots              | 8<br>Chicken Pot Pie w/<br>Biscuit<br>or<br>Roasted Vegetable<br>Stew w/ Biscuit<br>or<br>Turkey and Cheese<br>Apple Slices  | 9<br>Crispy Chicken Tenders<br>or<br>Vegan Nuggets<br>or<br>Ham and Cheese Sub<br>Crinkle Cut Fries<br>Carrot Sticks  | 10<br>Cheese Pizza<br>or<br>Pepperoni Pizza<br>or<br>Ham & Cheese<br>Seasoned Corn<br>Garden Salad             | 11<br>Crispy Chicken<br>Drumsticks<br>or<br>American Sub<br>Sweet Potato Fries<br>Roasted Cauliflower |
| 12<br>Chicken Quesadilla<br>or<br>Vegetable Quesadilla<br>Black Beans<br>Corn and Tomato Salad<br><br>Tomato Soup  | 13<br>Mozzarella Stick Basket<br>w/ Marinara Dip<br>or<br>Yogurt Bento Box<br>or<br>American Sub<br>Tater Tots<br>Roasted Broccoli<br>Cucumber Wheels   | 14<br>Burrito Bowl<br>w/ Beef or Veggie<br>Crumble<br>or<br>Provencal Sub<br>or<br>Loaded Italian Sub<br>Black Beans<br>Seasoned Corn<br>Garden Salad | 15<br><b>(HALF DAY)</b><br>Chicken Caesar Salad<br>or<br>Hummus Bento Box<br>or<br>Ham and Cheese Sub<br>Crinkle Fries<br>Broccoli Florets<br>Cherry Tomatoes                | 16<br>All Beef Hot Dog<br>or<br>Hummus Bento Box<br>or<br>Ham and Cheese Sub<br>Crinkle Fries<br>Broccoli Florets<br>Cherry Tomatoes  | 17<br>Cheeseburger<br>or<br>Vegan Burger<br>or<br>Turkey and Cheese<br>Crinkle Fries<br>Baby Carrots           | 18<br>Chicken Piccata<br>or<br>Chicken Salad Sandwich<br>Garlic Mashed Potatoes<br>Garden Peas        |
| 19<br>Buffalo Chicken Dip<br>or<br>Spinach and Artichoke<br>Dip<br>w/<br>Whole Grain Tortilla<br>Chips<br>or<br>Chicken Salad Sandwich<br>Carrot and Celery Sticks | 20<br>Meatball Parmesan Sub<br>or<br>Vegan Meatball Sub<br>or<br>Turkey and Cheese Sub<br>Tater Tots<br>Cherry Tomatoes<br>Cucumber Wheels  | 21<br>Chicken Penne Alfredo<br>or<br>GF/Vegan Penne<br>Alfredo<br>or<br>Egg Salad Sandwich<br>Italian Roasted Broccoli<br>Cherry Tomatoes             | 22<br>Cheese Pizza<br>or<br>Pepperoni Pizza<br>or<br>Ham & Cheese<br>Seasoned Corn<br>Garden Salad   | 23<br><b>(HALF DAY)</b><br>Hand Carved Roasted<br>Turkey<br>or<br>Warm Roasted<br>Provencal Sub<br>or<br>Ham and Cheese Sub<br>Mashed Sweet<br>Potatoes<br>Broccoli             | 24<br><b>HAPPY HOLIDAYS!<br/>NO SCHOOL</b>   | 25<br><b>HAPPY HOLIDAYS!</b>  |
| 26<br>Shepherd's Pie<br>or<br>Hummus Wrap<br>Carrots & Celery Sticks   | 27<br>Steak and Cheese Sub<br>w/ Roasted Peppers,<br>Onions and<br>Mushrooms<br>or<br>Warm Roasted<br>Provencal Sub<br>or<br>Turkey and Cheese<br>Crinkle Fries<br>Garden Salad<br><br><b>(NO SCHOOL)</b> | 28<br>Chicken & Waffles<br>or<br>Greek Hummus Wrap<br>or<br>Turkey and Cheese Sub<br>Cherry Tomatoes<br>Celery Sticks<br><br><b>(NO SCHOOL)</b>       | 29<br>Homemade Meatloaf<br>or<br>Hummus Bento Box<br>or<br>Ham and Cheese Sub<br>Mashed Potatoes<br>Garlic Roasted Green<br>Beans<br>Carrot Sticks<br><br><b>(NO SCHOOL)</b> | 30<br>Mozzarella Stick Basket<br>w/ Marinara Dip<br>or<br>Yogurt Bento Box<br>or<br>American Sub<br>Tater Tots<br>Roasted Broccoli<br>Cucumber Wheels<br><br><b>(NO SCHOOL)</b> | 31<br><b>HAPPY NEW YEAR!<br/>(NO SCHOOL)</b>   |   |

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|--|--|--|---|---|
|  |   |  | 1<br>Tacos<br>Chicken, Beef or Beans<br><br>Spanish Rice<br>Lettuce<br>Cheese<br>Tomatoes<br>Salsa<br>Guacamole                    | 2<br>BBQ Cauliflower & Pineapple Pizza<br><br>Tofu BBQ Pineapple Pizza (V)<br><br>Garden Salad                                   | 3<br>Tater Tot Casserole<br>Ground beef<br>Peas & Carrots<br><br>Or<br><br>Chicken Sandwich | 4<br>Cheese Manicotti<br>Homemade Meat Sauce<br><br>Garden Salad<br>Green Beans<br><br>Freshly Baked Garlic Bread |
| 5<br>Stir Fry Kielbasa<br>Vegan Sausage<br><br>White Rice<br>Mixed Veggies                         | 6<br>Corned Beef<br><br>Jasmine Rice<br>Yellow Plantains<br><br>Corn  | 7<br>Sloppy Joe or Jane w/ Bread or Tortilla Chips<br><br>Crinkle Fries<br>Baked Beans<br>Cole Slaw                | 8<br>Stir Fried Kielbasa<br><br>Cheese and Potato Pergogis<br>Stir Fried Broccoli and Green Beans<br><br>Freshly Baked Dinner Roll | 9<br>Homemade Lasagna<br><br>Garden Salad<br>Panko Roasted Cauliflower<br><br>Freshly Baked Garlic Bread                         | 10<br>Rotisserie Roasted Chicken<br><br>Rice Pilaf<br>Roasted Brussel Sprouts               | 11<br>French Bread Cheese Pizza<br>Or<br>French Bread Pepperoni Pizza<br><br>French Fries                         |
| 12<br>Mozzarella Sticks<br>Corn dog Nuggets<br><br>Onion Rings<br><br>Marinera Sauce<br>Side Salad | 13<br>Pork Chops<br><br>Rice and Beans<br>Mixed Vegetables<br><br>Plantains   | 14<br>Battered Fish And Chips<br><br>Cole Slaw<br>Lemon Wedge<br>Tarter Sauce<br><br>Gluten Free & Vegan Available | 15<br>Pink Pasta w/ Grilled Chicken Strips<br><br>Broccoli<br><br>Freshly Baked Dinner Roll  | 16<br>Kung Pow Beef Or Kung Pow Tofu<br><br>Vegetable Lo Mein<br>Matchstick Carrots<br>Fresh Snap Peas<br><br>Vegetable Egg Roll | 17<br>Chicken Parmesan<br><br>Spaghetti pasta<br>Brussel Sprouts<br><br>Garden Salad        | 18<br>Italian Sausage or Vegan Sausage w/ Roasted Peppers, Onions and Mushrooms<br><br>Sweet Potato Fries         |
| 19<br>Chicken Teriyaki or Vegan Nugget Teriyaki w/ Not-So-Fried Rice<br><br>Asian Mixed Vegetables | 20<br>Corned Beef<br><br>Jasmine Rice<br>Yellow Plantains<br><br>Corn   | 21<br>Baked Honey Ham<br><br>Mashed Potatoes<br>Glazed Carrots<br><br>Freshly Baked Biscuit                        | 22<br>Grilled Chicken Scampi<br><br>Spaghetti in Olive Oil and Garlic<br><br>Blistered Tomatoes<br>Sautéed Spinach                 | 23<br>Sloppy Joe or Jane w/ Bread or Tortilla Chips<br><br>Crinkle Fries<br>Baked Beans<br>Garden Salad                          | 24<br><b>HAPPY HOLIDAY'S</b>  | 25<br><b>HAPPY HOLIDAY'S</b>  |
| 26<br>Chicken Teriyaki Pot stickers<br><br>Jalapeno Poppers<br><br>Pierogis                        | 27<br>Cheese Ravioli<br>Homemade Meat Sauce or Marinara<br><br>Garlic Sautéed Spinach<br>Antipasto Garden Salad<br><br>Freshly Baked Garlic Bread | 28<br>Beef and Broccoli<br><br>Egg Noodles<br>Homemade Gravy<br><br>Freshly Baked Dinner Roll                      | 29<br>BBQ Baby Back Ribs<br><br>Cole Slaw<br>Potato Salad<br><br>Homemade Cheddar Cornbread  | 30<br>Mexican Lasagna<br><br>Garden Salad<br>Roasted Cauliflower<br><br>Freshly Baked Garlic Bread                               | 31<br><b>HAPPY NEW YEAR!</b>  |   |