



COVID-19 Guidelines*

Both PCR and Rapid Test will be accepted. According to the CDC¹, fully vaccinated is defined as two weeks following either series of Pfizer/Moderna or single J&J COVID-19 vaccine. Due to the availability of COVID-19 vaccines, the At-Home Rapid Testing Program, and symptomatic testing at school, we will no longer be conducting contact tracing. A return to work/school is the final decision of the TLC HR and/or Nursing Office.

Sign Up for At-Home Rapid Testing Program

Consent for At-School Symptomatic Testing

SYMPTOMATIC:

If a student or staff has one or more of these symptoms:

- Fever (100.0 F or higher)/Chills
- Difficulty breathing/shortness of breath
- Loss of taste or smell
- Muscle/body aches
- Cough
- Sore throat
- Nausea, vomiting, or diarrhea
- Headache
- Fatigue
- Nasal congestion or runny nose

They may attend work/school when they are:

- Fever free for 24 hours without fever reducing medication;
- Have improved symptoms.

An individual's medical provider may provide additional information.

SUSPECTED EXPOSURE TO COVID-19:

You have been within 6-feet of a COVID-19 positive individual while indoors, for at least 15 minutes during a 24-hour period.

Exempt from Quarantine:

- Asymptomatic and fully vaccinated;
- Have had COVID within the past 90 days and asymptomatic.

Must Quarantine:

If you are unvaccinated, you **may not** return to work/school until you:

- Quarantine for five days. Testing on Day 5 is encouraged.

TEST POSITIVE FOR COVID-19:

Isolate for minimum of 5 days, beginning from onset of symptoms OR the day the test was taken.

You may attend school/work on Day 6 as long as:

- You have improved symptoms;
- You continue to wear a mask for additional 5 days whenever you are around others;
- You have been fever-free for at least 24 hours without fever-reducing medication.

Updated 4/2022