

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	2 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Mini Pancakes Bagel with Cream Cheese
3 Breakfast Sandwich Sliders Tropical Parfait Mini Pancakes Bagel with Cream Cheese	4 Warm Strawberry Guava Flip Blueberry Patch Parfait Mini Pancakes Bagel with Cream Cheese	5 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Mini Pancakes Bagel with Cream Cheese	6 Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Mini Pancakes Bagel with Cream Cheese	7 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Mini Pancakes Bagel with Cream Cheese	8 Whole Grain Waffles Sausage Links Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	9 Cheesy Scrambled Eggs and Whole Grain Toast Mixed Berry Parfait Mini Pancakes Bagel with Cream Cheese
10 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Tropical Parfait Mini Pancakes Bagel with Cream Cheese	11 Breakfast Pizza Blueberry Patch Parfait Mini Pancakes Bagel with Cream Cheese	12 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Mini Pancakes Bagel with Cream Cheese	13 Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Mini Pancakes Bagel with Cream Cheese	14 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Mini Pancakes Bagel with Cream Cheese	15 French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	16 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Mini Pancakes Bagel with Cream Cheese
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					1 HAPPY NEW YEAR!	2 Chicken Quesadilla or Vegetable Quesadilla Black Beans Corn and Tomato Salad Tomato Soup
3 Beefy Macaroni and Cheese or Macaroni and Cheese or Crispy Chicken Wrap Roasted Broccoli Cooked Carrot Wheels Garden Salad	4 Choose One Teriyaki Chicken & Rice Bowl or Hummus Wrap or Chicken Salad Sandwich Broccoli Celery Sticks	5 Choose One Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Baby Carrots Snap Peas	6 Choose One Mozzarella Stick Basket w/ Marinara Dip or Yogurt Bento Box or American Sub Tater Tots Roasted Chickpeas Cucumber Wheels	7 Choose One Crispy Chicken Tenders or Vegan Nuggets or Ham and Cheese Sub Crinkle Cut Fries Carrot Sticks	8 Choose One Ham and Cheese Calzone or Broccoli and Cheese Calzone or Loaded Italian Sub Garden Salad Celery Stick Cucumber Wheels	9 Crispy Chicken Drumsticks or Yogurt Bento Box or American Sub Sweet Potato Fries Roasted Cauliflower Three Bean Salad
10 Burrito Bowl w/ Beef or Veggie Crumble or Provencal Sub or Loaded Italian Sub Black Beans Seasoned Corn Garden Salad	11 Choose One Mac & Cheese w/ Breadstick or Hummus Bento Box or Ham and Cheese Sub Broccoli Florets Cherry Tomatoes	12 Choose One BBQ Chicken Calzone or Broccoli and Cheese Calzone or Loaded Italian Sub Garden Salad Cherry Tomatoes Cucumber Wheels	13 Choose One Cheese Burger or Warm Roasted Provencal Sub or Ham and Cheese Sub Roasted Butternut Squash Baby Carrots Potato Chips	14 Choose One Chicken Salad Sandwich or Egg Salad Sandwich or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	15 Choose One Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Baby Carrots Snap Peas	16 Chicken Piccata or Hummus Bento Box or Chicken Salad Sandwich Garlic Mashed Potatoes Garden Peas Pepper Strips Broccoli Cheddar Soup
17 American Chop Suey or American Sub Roasted Green Beans Broccoli Florets Baby Carrots	18 Choose One Meatball Parmesan Sub or Vegan Meatball Sub or Turkey and Cheese Sub Tater Tots Cherry Tomatoes Cucumber Wheels	19 Choose One Buffalo Chicken Dip or Spinach and Artichoke Dip w/ Whole Grain Tortilla Chips or Chicken Salad Sandwich Carrot and Celery Sticks	20 Choose One Hot Dog or Veggie Patty or Crispy Chicken Wrap Seasoned Corn Baby Carrots w/ Ranch Potato chips	21 Choose One Chicken & Waffles or Greek Hummus Wrap or Turkey and Cheese Sub Cherry Tomatoes Celery Sticks	22 Choose One Pepperoni Pizza or Cheese Pizza or Chicken Salad Sandwich Garden Salad Cucumber Wheels	23 Indoor BBQ Cheeseburger, Hot Dog or Veggie Patty or Crispy Chicken Wrap Homestyle Baked Beans Cole Slaw Corn on the Cob
24 Chicken Pot Pie w/ Freshly Baked Biscuit or American Sub Garden Peas Cut Carrots Cucumber Wheels	25 Choose One Chicken Caesar Salad or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	26 Choose One Pepperoni Pizza or Cheese Pizza or Chicken Salad Sandwich Garden Salad Cucumber Wheels	27 Choose One Homemade Meatloaf or Hummus Bento Box or Ham and Cheese Sub Mashed Potatoes Garlic Roasted Green Beans Carrot Sticks	28 Choose One Crispy Chicken Nuggets or Vegan Nuggets or Ham and Cheese Sub Crinkle Cut Fries Carrot Sticks	29 Choose One Hand Pulled BBQ Pork Sandwich or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Homestyle Baked Beans Carrot Sticks	30 Chicken Alfredo Pasta or Egg Salad Sandwich Italian Roasted Broccoli Cherry Tomatoes Celery Sticks

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					1 BBQ Pork Mac & Cheese Corn Bread Roasted Broccoli	2 Chicken Marsala Garlic Mashed Potatoes Roasted Mushrooms Roasted Broccoli Freshly Baked Dinner Roll
3 Italian Sausage Stir Fry or Vegan Nuggets w/ Roasted Peppers, Onions and Mushrooms Jasmine Rice	4 Beef or Bean Enchiladas Cheese, Sour Cream and Salsa Verde Black Beans	5 Korean BBQ Beef Vegetable Lo Mein Matchstick Carrots Fresh Snap Peas Vegetable Egg Roll	6 Cheese Manicotti Homemade Meat Sauce Garden Salad Green Beans Freshly Baked Garlic Bread	7 Broccoli Stuffed Chicken Garlic Mashed Potato Roasted Broccoli Italian Seasoned Breadstick	8 Tacos Chicken, Beef or Beans Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole	9 Chicken Broccoli Alfredo Penne Pasta Garden Peas Freshly Baked Garlic Bread
10 Mozzarella Sticks Corndog Nuggets Mac & Cheese Bites Marinera Sauce Side Salad	11 Chicken Kiev Jasmin Rice Roasted Corn	12 Homemade Cheese Lasagna Garden Salad Roasted Cauliflower Freshly Baked Garlic Bread	13 Stir Fried Kielbasa Cheese and Potato Pergogis Stir Fried Broccoli and Green Beans Freshly Baked Dinner Roll	14 Macaroni and Cheese w/ Chicken and Bacon Green Beans Roasted Tomatoes Freshly Baked Dinner Roll	15 Slow Roasted Beef w/ Au Jour Glazed Carrots Baked Potato Celery Sticks Italian Seasoned Breadstick	16 Zesty Italian Stromboli Garden Salad Carrot Sticks Celery Sticks Ranch
17 Chicken Teriyaki or Vegan Nugget Teriyaki w/ Not-So-Fried Rice or Ham and Cheese Sub Asian Mixed Vegetables Carrot Sticks Broccoli Florets	18 Corned Beef Jasmine Rice Yellow Plantains Corn	19 Italian Sausage or Vegan Nuggets w/ Roasted Peppers, Onions and Mushrooms Sweet Potato Fries	20 Grilled Chicken Scampi Spaghetti in Olive Oil and Garlic Blistered Tomatoes Sautéed Spinach	21 Sloppy Joe or Jane w/ Bread or Tortilla Chips Crinkle Fries Baked Beans Cole Slaw	22 Beef Stew Oven Roasted Potato Roasted Carrots Garden Peas Freshly Baked Biscuit	23 Pork Chops Rice and Beans Mixed Vegetables Green Plantains
24 Roast Pork Mashed Potatoes Sautéed Swiss Chard Maple Glazed Carrots Freshly Baked Biscuit	25 Cheese Ravioli Homemade Meat Sauce or Marinara Garlic Sautéed Spinach Antipasto Garden Salad Freshly Baked Garlic Bread	26 Beef and Broccoli Oven Roasted Potatoes Egg Noodles Homemade Gravy Freshly Baked Dinner Roll	27 Shredded Roasted Turkey Pasta Salad Cole Slaw Potato Salad Homemade Cheddar Cornbread	28 Burrito Bowl Chicken, Pork or Beans Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole	29 Rotisserie Chicken Choice of White or Dark Cut Rice Pilaf Roasted Brussel Sprouts	30 Chicken Teriyaki or Vegan Nugget Teriyaki w/ Not-So-Fried Rice or Ham and Cheese Sub Asian Mixed Vegetables

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