

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chicken Pot Pie or Lentil Pot Pie w/ Freshly Baked Biscuit or American Sub Garden Peas Cut Carrots Cucumber Wheels	2 <b>Choose One</b> Cheeseburger Or Hot Dog or Veggie Patty or Crispy Chicken Wrap Seasoned Corn Baby Carrots w/ Ranch	3 <b>Choose One</b> Chicken & Waffles or Greek Hummus Wrap or Turkey and Cheese Sub Cherry Tomatoes Celery Sticks	4 <b>Choose One</b> Buffalo Chicken Dip or Spinach and Artichoke Dip w/ Whole Grain Tortilla Chips or Chicken Salad Sandwich Carrot and Celery Sticks	5 <b>Choose One</b> Chicken Caesar Salad or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	6 <b>Choose One</b> Slice of Cheese or Pepperoni Pizza or Provencal Sub or Loaded Italian Sub Black Beans Seasoned Corn Garden Salad	7 Homemade Meatloaf or Hummus Bento Box or Ham and Cheese Sub Mashed Potatoes Garlic Roasted Green Beans Carrot Sticks
8 Indoor BBQ Cheeseburger, Hot Dog or Veggie Patty or Crispy Chicken Wrap Homestyle Baked Beans Cole Slaw Corn on the Cob	9 <b>Choose One</b> Crispy Chicken Tenders or Vegan Nuggets or Ham and Cheese Sub Crinkle Cut Fries Carrot Sticks	10 <b>Choose One</b> Meatball Parmesan Sub or Vegan Meatball Sub or Turkey and Cheese Sub Tater Tots Cherry Tomatoes Cucumber Wheels	11 <b>Choose One</b> Teriyaki Chicken & Rice Bowl or Hummus Wrap or Chicken Salad Sandwich Broccoli Celery Sticks	12 <b>Choose One</b> Mozzarella Stick Basket w/ Marinara Dip or Yogurt Bento Box or American Sub Tater Tots Roasted Chickpeas Cucumber Wheels	13 <b>Choose One</b> Ham and Cheese Calzone or Broccoli and Cheese Calzone or Loaded Italian Sub Garden Salad Celery Stick Cucumber Wheels	14 Rockin' Ramen Noodles Asian Style Teriyaki Meatballs or Hard Boiled Eggs w/ Pho Broth, Cabbage, Mushrooms, Scallions and Matchstick Carrots or Egg Salad Sandwich Celery Sticks
15 Beefy Macaroni and Cheese or Macaroni and Cheese or Crispy Chicken Wrap Roasted Broccoli Cooked Carrot Wheels Garden Salad	16 <b>Choose One</b> Deli Bar w/ Choice of Meat, Cheese and Bread or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	17 <b>Choose One</b> Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Baby Carrots Snap Peas	18 <b>Choose One</b> Hand Carved Spiral Ham or Greek Hummus Wrap or Turkey and Cheese Sub Mashed Potatoes Green Bean Casserole Celery Sticks	19 <b>Choose One</b> Crispy Chicken Tenders or Vegan Nuggets or Ham and Cheese Sub Crinkle Cut Fries Carrot Sticks	20 <b>Choose One</b> Slice of Cheese or Pepperoni Pizza or Provencal Sub or Loaded Italian Sub Black Beans Seasoned Corn Garden Salad	21 Crispy Chicken Drumsticks or Yogurt Bento Box or American Sub Sweet Potato Fries Roasted Cauliflower Three Bean Salad
22 Chicken Quesadilla or Vegetable Quesadilla Black Beans Corn and Tomato Salad  Tomato Soup	23 <b>Choose One</b> Mozzarella Stick Basket w/ Marinara Dip or Yogurt Bento Box or American Sub Tater Tots Roasted Broccoli Cucumber Wheels	24 <b>Choose One</b> BBQ Chicken Calzone or Broccoli and Cheese Calzone or Loaded Italian Sub Garden Salad Cherry Tomatoes Cucumber Wheels	25 <b>Choose One</b> Hand Carved Roasted Turkey or Warm Roasted Provencal Sub or Ham and Cheese Sub Mashed Potatoes Roasted Butternut Squash Baby Carrots Cranberry Sauce	26 <b>Choose One</b> Deli Bar w/ Choice of Meat, Cheese and Bread or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	27 <b>Choose One</b> Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Baby Carrots Snap Peas	28 Chicken Piccata or Hummus Bento Box or Chicken Salad Sandwich Garlic Mashed Potatoes Garden Peas Pepper Strips  Broccoli Cheddar Soup
29 Burrito Bowl w/ Beef or Veggie Crumble or Provencal Sub or Loaded Italian Sub Black Beans Seasoned Corn Garden Salad	30 <b>Choose One</b> Meatball Parmesan Sub or Vegan Meatball Sub or Turkey and Cheese Sub Tater Tots Cherry Tomatoes Cucumber Wheels					