



The Learning Center Breakfast November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			¹ Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Bagel with Cream Cheese	² Breakfast Sandwich Sliders Tropical Parfait Bagel with Cream Cheese	³ Warm Strawberry Guava Flip Blueberry Patch Parfait Bagel with Cream Cheese	⁴ Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Bagel with Cream Cheese
⁵ Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Bagel with Cream Cheese	⁶ Whole Grain Waffles Sausage Links Strawberry Fields Parfait Bagel with Cream Cheese	⁷ Cheesy Scrambled Eggs and Whole Grain Toast Mixed Berry Parfait Bagel with Cream Cheese	⁸ Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Tropical Parfait Bagel with Cream Cheese	⁹ Breakfast Pizza Blueberry Patch Parfait Bagel with Cream Cheese	¹⁰ Mini Pancakes Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	¹¹ Ham & Cheese Quiche Spinach Quiche Strawberry Fields Parfait Bagel with Cream Cheese
¹² Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Bagel with Cream Cheese	¹³ Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Bagel with Cream Cheese	¹⁴ French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	¹⁵ Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Bagel with Cream Cheese	¹⁶ Breakfast Sandwich Sliders Tropical Parfait Bagel with Cream Cheese	¹⁷ Warm Strawberry Guava Flip Blueberry Patch Parfait Bagel with Cream Cheese	¹⁸ Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Bagel with Cream Cheese
¹⁹ Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Bagel with Cream Cheese	²⁰ Whole Grain Waffles Sausage Links Strawberry Fields Parfait Bagel with Cream Cheese	²¹ Cheesy Scrambled Eggs and Whole Grain Toast Mixed Berry Parfait Bagel with Cream Cheese	²² Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Tropical Parfait Bagel with Cream Cheese	²³ Brunch 9:30-10:30 Quiches, Waffles, Hash Browns, Bacon, pastries, and Fruit Perfect	²⁴ Mini Pancakes Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	²⁵ Ham & Cheese Quiche Spinach Quiche Strawberry Fields Parfait Bagel with Cream Cheese
²⁶ Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Bagel with Cream Cheese	²⁷ Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Bagel with Cream Cheese	²⁸ French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	²⁹ Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Bagel with Cream Cheese	³⁰ Breakfast Sandwich Sliders Tropical Parfait Bagel with Cream Cheese		



The Learning Center Lunch November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Choose One Spaghetti Meat Sauce Warm Provencal Sub Turkey and Cheese Sub Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Baby Carrots Seasoned Mixed Veggies	2 Choose One General Tso's Chicken General Tso's Tofu Turkey Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Veg Lo Mein Asian Veg Cucumber stick Desert Sugar Cookies	3 Choose One Turkey Subs Grilled veggie sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Chips Peas & Carrots Zucchini stick	4 Choose One Chicken Caesar Salad Hummus Bento Box Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Tots Italian mix vegetable Broccoli Florets Desert Cup Cakes
5 Choose One Chicken Parm Sandwich Eggplant Parm Sandwich Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Mixed Veggies Cucumber wheels	6 Choose One Corndog Vegan Nugget Ham & Cheese Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Tots Corn & Tomato salad Seasoned Peas	7 Choose One Homemade Meatloaf Hummus Bento Box Ham & Cheeses Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Mashed Potato Peas & Carrots Cherry Tomatoes Desert Chocolate Cake	8 Choose One Chicken Nuggets Vegan Nuggets Turkey Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Sweet potato fries Glazed Carrots Pepper Sticks	9 Choose One Pepperoni Pizza Cheese Pizza Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Roasted Green bean Carrot Stick Desert Strawberry Shortcake	10 Choose One Burrito Bowl w/ Beef w/ Vegan Crumbles Italian Sub Jelly Sandwich Sides for All Meals Garden Salad Rice Black Beans Seasoned Corn	11 Choose One Chicken Alfredo Pasta or Vegan Alfredo Pasta (V) Italian Roasted Broccoli Garlic Bread Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Celery Stick Green Bean Desert Chocolate Pudding
12 Choose One American Chop Suey American Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Roasted Broccoli Florets Hot Baby Carrots	13 Choose One Chicken Piccata Hummus Bento Box Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Garlic Mashed Potatoes Garden Peas Pepper Strips	14 Choose One Deli Bar w/ Choice of Meat, Cheese Hummus Bento Box Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Roasted Carrots Cherry Tomatoes Desert Confetti Cake	15 Choose One Orange Chicken or Orange Vegan Nuggets w/ Lo Mein, Veggie Egg Roll Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Fried Rice Celery Stick Mixed Veg	16 Choose One Hot Roast Beef & Swiss on Multigrain or Italian Sub or Hummus Wrap (V) Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Potato Chips Zucchini Stick Green Bean Desert Sugar Cookies	17 Choose One Potato Bar (V) Choice of Tater Tots or Baked Potato w/ Taco Beef, Cheese, Sour Cream and Bacon or Ham and Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Carrot Stick Roasted corn	18 Choose One Roasted Turkey Warm Provencal Sub Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Mashed Potatoes Roasted Butternut Squash Desert Cup Cakes
19 Choose One Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms Warm Provencal Sub Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Baby Carrots Cauliflower florets	20 Choose One Teriyaki Chicken Bowl Hummus Bento Box Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Brown Rice Garden Salad Hot Asian Veg Celery Sticks	21 Choose One Beefy Macaroni and Cheese Vegan Nuggets Crispy Chicken Wrap Roasted Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Cooked Broccoli Carrot Stick Desert Brownies	22 Choose One Chicken Salad Sandwich Egg Salad Sandwich Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Potato chips Peas and carrots Zucchini Sticks	23 Brunch 9:30-10:30 Quiches, Waffles, Hash Browns, Bacon, pastries, and Fruit Perfect	24 Choose One Chicken & Waffles Greek Hummus Wrap Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad collard greens Pepper stick	25 Choose One Meatball Parmesan Sub Vegan Meatball Sub Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Tater Tots Cherry Tomatoes Italian mix vegetable Desert Rice Krispie Treats
26 Choose One Chicken Pot Pie w/ Freshly Baked Biscuit American Sub Sun butter & Grape Jelly Sandwich Sides for All Meal Garden Salad Garden Peas Cucumber Wheel	27 Choose One Beef Tacos Vegan Tacos Turkey or ham Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Refried Beans Spanish Rice Carrots stick	28 Choose One Hamburger Hot Dog Black Bean Burger Crispy Chicken Wrap Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Street Corn Potato chips Broccoli Florets Desert Chocolate Cake	29 Choose One Buffalo Chicken Dip Spinach Artichoke Dip Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Tortilla Chips Celery stick Seasoned Mixed Veggies	30 Choose One Grilled Ham & Cheese Black Bean Burger Egg Salad Sub Turkey or ham Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Chips Corn Salad Oven roasted zucchini Desert Strawberry Shortcake		