



The Learning Center Breakfast September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Bagel with Cream Cheese	2 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Bagel with Cream Cheese
3 French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	4 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Bagel with Cream Cheese	5 Breakfast Sandwich Sliders Tropical Parfait Bagel with Cream Cheese	6 Warm Strawberry Guava Flip Blueberry Patch Parfait Bagel with Cream Cheese	7 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Bagel with Cream Cheese	8 Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Bagel with Cream Cheese	9 Whole Grain Waffles Sausage Links Strawberry Fields Parfait Bagel with Cream Cheese
10 Cheesy Scrambled Eggs and Whole Grain Toast Mixed Berry Parfait Bagel with Cream Cheese	11 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Tropical Parfait Bagel with Cream Cheese	12 Breakfast Pizza Blueberry Patch Parfait Bagel with Cream Cheese	13 Pancakes Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	14 Ham & Cheese Quiche Broccoli Cheese Quiche Strawberry Fields Parfait Bagel with Cream Cheese	15 Sausage pepper and cheese Casserole Spinach and cheese Casserole Apple Spice Parfait Bagel with Cream Cheese	16 Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Bagel with Cream Cheese
17 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Bagel with Cream Cheese	18 French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	19 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mixed Berry Parfait Bagel with Cream Cheese	20 Breakfast Sandwich Sliders Tropical Parfait Bagel with Cream Cheese	21 Warm Strawberry Guava Flip Blueberry Patch Parfait Bagel with Cream Cheese	22 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Bagel with Cream Cheese	23 Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Bagel with Cream Cheese
24 Whole Grain Waffles Sausage Links Strawberry Fields Parfait Bagel with Cream Cheese	25 Cheesy Scrambled Eggs and Whole Grain Toast Mixed Berry Parfait Bagel with Cream Cheese	26 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Tropical Parfait Bagel with Cream Cheese	27 Breakfast Pizza Blueberry Patch Parfait Bagel with Cream Cheese	28 Pancakes Hash Brown Rounds Strawberry Fields Parfait Bagel with Cream Cheese	29 Ham & Cheese Quiche Broccoli Cheese Quiche Strawberry Fields Parfait Bagel with Cream Cheese	30 Sausage pepper and cheese Casserole Spinach and cheese Casserole Apple Spice Parfait Bagel with Cream Cheese
31 Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Bagel with Cream Cheese						



The Learning Center Lunch September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					<p>Choose One Burrito Bowl w/ Beef w/ Vegan Crumbles Italian Sub Jelly Sandwich Sides for All Meals Garden Salad Rice Black Beans Seasoned Corn</p>	<p>Choose One Chicken Alfredo Pasta or Vegan Alfredo Pasta (V) Italian Roasted Broccoli Garlic Bread Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Celery Stick Green Bean Desert Chocolate Pudding</p>
3	4	5	6	7	8	9
<p>Choose One American Chop Suey American Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Roasted Broccoli Florets Hot Baby Carrots</p>	<p>Choose One Chicken Piccata Hummus Bento Box Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Garlic Mashed Potatoes Garden Peas Pepper Strips</p>	<p>Choose One Deli Bar w/ Choice of Meat, Cheese Hummus Bento Box Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Roasted Carrots Cherry Tomatoes Desert Confetti Cake</p>	<p>Choose One Orange Chicken or Orange Vegan Nuggets w/ Lo Mein, Veggie Egg Roll Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Fried Rice Celery Stick Mixed Veg</p>	<p>Choose One Hot Roast Beef & Swiss on Multigrain or Italian Sub or Hummus Wrap (V) Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Potato Chips Zucchini Stick Green Bean Sugar Cookies</p>	<p>Choose One Potato Bar (V) Choice of Tater Tots or Baked Potato w/ Taco Beef, Cheese, Sour Cream and Bacon or Ham and Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Carrot Stick Roasted corn</p>	<p>Choose One Roasted Turkey Warm Provençal Sub Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Mashed Potatoes Roasted Butternut Squash Desert Cup Cakes</p>
10	11	12	13	14	15	16
<p>Choose One Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms Warm Provençal Sub Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Baby Carrots Cauliflower florets</p>	<p>Choose One Teriyaki Chicken Bowl Hummus Bento Box Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Brown Rice Garden Salad Hot Asian Veg Celery Sticks</p>	<p>Choose One Beefy Macaroni and Cheese Vegan Nuggets Crispy Chicken Wrap Roasted Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Cooked Broccoli Carrot Stick Desert Brownies</p>	<p>Choose One Chicken Salad Sandwich Egg Salad Sandwich Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Potato chips Peas and carrots Zucchini Sticks</p>	<p>Choose One Broccoli and Cheese Calzone BBQ Chicken Calzone Loaded Italian Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Hot mixed veg Cucumber Wheels Desert Vanilla Pudding</p>	<p>Choose One Chicken & Waffles Greek Hummus Wrap Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad collard greens Pepper stick</p>	<p>Choose One Meatball Parmesan Sub Vegan Meatball Sub Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Tater Tots Cherry Tomatoes Italian mix vegetable Desert Rice Krispie Treats</p>
17	18	19	20	21	22	23
<p>Choose One Chicken Pot Pie w/ Freshly Baked Biscuit American Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Garden Peas Cucumber Wheel</p>	<p>Choose One Beef Tacos Vegan Tacos Turkey or ham Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Refried Beans Spanish Rice Carrots stick</p>	<p>Choose One Hamburger Hot Dog Black Bean Burger Crispy Chicken Wrap Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Street Corn Potato chips Broccoli Florets Desert Chocolate Cake</p>	<p>Choose One Buffalo Chicken Dip Spinach Artichoke Dip Chicken Salad Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Tortilla Chips Celery stick Seasoned Mixed Veggies</p>	<p>Choose One Grilled Ham & Cheese Black Bean Burger Egg Salad Sub Turkey or ham Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Chips Corn Salad Oven roasted zucchini Desert Strawberry Shortcake</p>	<p>Choose One Chicken Tenders Vegan nugget Ham & Cheeses Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad French fries Peas & Carrots Cherry Tomatoes</p>	<p>Choose One Hand Pulled BBQ Pork Sandwich Warm Provençal Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Sweet Potato Fries Roasted Cauliflower Three Bean Salad Desert Chocolate Pudding</p>
24	25	26	27	28	29	30
<p>Choose One Crispy Chicken Drumsticks Yogurt Bento Box American Sub Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Crinkle Fries Homestyle Baked Beans Carrot Sticks</p>	<p>Choose One Beef or Vegetarian Enchiladas Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Roasted Broccoli Zucchini Stick</p>	<p>Choose One Hot Chicken Patty Sandwich Tuna Salad Sandwich Turkey and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Potato chips Peas Cherry Tomatoes Desert Confetti Cake</p>	<p>Choose One Spaghetti Meat Sauce Warm Provençal Sub Turkey and Cheese Sub Jelly Sandwich Sides for All Meals Garden Salad Crinkle Fries Baby Carrots Seasoned Mixed Veggies</p>	<p>Choose One General Tso's Chicken General Tso's Tofu Turkey Sandwich Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Veg Lo Mein Asian Veg Cucumber stick Desert Sugar Cookies</p>	<p>Choose One Turkey Subs Grilled veggie sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden Salad Chips Peas & Carrots Zucchini stick</p>	<p>Choose One Chicken Caesar Salad Hummus Bento Box Ham and Cheese Sub Sun butter & Grape Jelly Sandwich Sides for All Meals Garden salad Tots Italian mix vegetable Broccoli Florets Desert Cup Cakes</p>
31						
<p>Choose One Chicken Parm Sandwich Eggplant Parm Sandwich</p>						