

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 French Toast Sticks Hash Brown Rounds Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	2 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mini Pancakes Bagel with Cream Cheese
3 Breakfast Sandwich Sliders Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	4 Warm Strawberry Guava Flip Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	5 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	6 Breakfast Burritos with Salsa Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	7 Ham, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	8 Whole Grain Waffles Sausage Links Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	9 Cheesy Scrambled Eggs and Whole Grain Toast Yogurt Parfait Mini Pancakes Bagel with Cream Cheese
10 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	11 Breakfast Pizza Yogurt Parfait Mini Pancakes Bagel with Cream Cheese (NO SCHOOL)	12 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	13 Warm Cinnamon Rolls Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	14 Ham, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	15 French Toast Sticks Hash Brown Rounds Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	16 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Yogurt Parfait Mini Pancakes Bagel with Cream Cheese
17 Breakfast Sandwich Sliders Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	18 Warm Strawberry Guava Flip Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	19 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	20 Half Day	21 Ham, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	22 Whole Grain Waffles Sausage Links Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	23 Cheesy Scrambled Eggs and Whole Grain Toast Yogurt Parfait Mini Pancakes Bagel with Cream Cheese
24 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	25 Breakfast Pizza Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	26 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	27 Warm Cinnamon Rolls Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	28 Ham, Egg and Cheese or Egg and Cheese on English Muffin Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	29 French Toast Sticks Hash Brown Rounds Yogurt Parfait Mini Pancakes Bagel with Cream Cheese	30 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Yogurt Parfait Mini Pancakes Bagel with Cream Cheese

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					1 BYO Burger Bar 100% Beef Patty or Veggie Patty or Loaded Italian Sub Crinkle Fries Roasted Mushrooms Caesar Salad (GF)	2 Chicken Pot Pie or Veggie Pot Pie w/ Freshly Baked Biscuit Garden Peas Cut Carrots
3 Homemade Beef Chili or Vegetarian Chili w/ Whole Grain Tortilla Chips	4 Chicken Penne Alfredo or GF/Vegan Penne Alfredo or Egg Salad Sandwich Italian Roasted Broccoli Cherry Tomatoes Cobb Salad	5 Hand Pulled BBQ Pork Sandwich or Warm Roasted Provencal Sub or Turkey and Cheese Crinkle Fries Homestyle Baked Beans Cobb Salad (GF)	6 Pepperoni Pizza or Cheese Pizza or Chicken Salad Sandwich Cucumber Wheels Cobb Salad (GF)	7 Herb Roasted Chicken or Greek Hummus Wrap or Ham and Cheese Brown Rice Roasted Broccoli Zucchini Strips Cobb Salad	8 Homemade Meatloaf w/ Mashed Potatoes or Hummus Bento Box or Ham and Cheese Garlic Roasted Green Beans Carrot Sticks Cobb Salad (GF)	9 Taco Lasagna or Vegan Lasagna Dinner Roll Corn and Tomato Salsa
10 Indoor BBQ Cheeseburger, Hot Dog or Vegan Burger Homestyle Baked Beans Cole Slaw	11 Hand Carved Roasted Turkey or Warm Roasted Provencal Sub or Ham and Cheese Mashed Sweet Potatoes Green Peas Cranberry Sauce (NO SCHOOL)	12 Orange Chicken or Orange Vegan Nuggets w/ Lo Mein, Veggie Egg Roll or Italian Sub Seasoned Carrots Garden Salad	13 BBQ Chicken Calzone or Broccoli and Cheese Calzone or Turkey & Cheese Cherry Tomatoes Cucumber Wheels Garden Salad	14 Chicken Piccata w/ Garlic Mashed Potatoes or Hummus Bento Box or Chicken Salad Sandwich Garden Peas Pepper Strips Garden Salad	15 Steak and Cheese Sub w/ Roasted Peppers, Onions and Mushrooms or Warm Roasted Provencal Sub or Turkey and Cheese Crinkle Fries Baby Carrots Garden Salad (GF)	16 Crispy Chicken Drumsticks or Hummus Bento Box Sweet Potato Fries Roasted Cauliflower
17 Beefy Macaroni and Cheese or Vegan Mac' n Cheese Roasted Broccoli Cooked Carrot Wheels	18 Potato Bar Choice of Tater Tots or Baked Potato w/ Taco Beef, Black Beans, Cheese, Scallions, Sour Cream and Bacon or Egg Salad Sandwich Greek Salad (GF)	19 Hand Carved Spiral Ham w/ Mashed Potatoes or Greek Hummus Wrap or Turkey and Cheese Green Beans Celery Sticks Greek Salad (GF)	20 Half Day	21 Buffalo Chicken Dip or Spinach and Artichoke Dip w/ Whole Grain Tortilla Chips or Chicken Salad Sandwich Carrot and Celery Sticks Greek Salad	22 Burrito Bowl w/ Beef or Vegan Burrito Bowl or Loaded Italian Sub Black Bean & Corn Salad Guacamole & Sour Cream Greek Salad (GF)	23 Mozzarella Stick Basket w/ Marinara Dip or Yogurt Bento Box Tater Tots Roasted Broccoli Cucumber Wheels
24 Chicken Quesadilla or Vegetable Quesadilla Black Beans Corn and Tomato Salad Tomato Soup	25 Crispy Chicken Tenders (BBQ or Buffalo) or Vegan Nuggets or Ham and Cheese Crinkle Cut Fries Carrot Sticks Caesar Salad (GF)	26 Meatball Parmesan Sub or Vegan Meatball Sub or Turkey and Cheese Tater Tots Cherry Tomatoes Cucumber Wheels Caesar Salad (GF)	27 Shepherd's Pie or Hummus Wrap or Chicken Salad Sandwich Corn Carrots & Celery Sticks Caesar Salad	28 Chicken Teriyaki or Vegan Nugget Teriyaki w/ Not-So-Fried Rice or Ham and Cheese Asian Mixed Vegetables Broccoli Florets Caesar Salad	29 Ham and Cheese Calzone or Broccoli and Cheese Calzone or Loaded Italian Sub Garden Salad Celery Stick Cucumber Wheels Caesar Salad	30 American Chop Suey or Baked Penne or American Sub Roasted Green Beans Broccoli Florets Baby Carrots

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					1 Cilantro Lime Chicken or Tofu Spanish Rice Black Beans Cucumber Wheels Cinnamon Churro w/ Caramel	2 Pasta Primavera Sautéed Italian Sausage Roasted Mixed Vegetables Balsamic Glazed Mushrooms Garlic Bread
3 BBQ Baby Back Ribs Cole Slaw Potato Salad Homemade Cheddar Cornbread	4 Fried Chicken or Vegan Nuggets Spanish Rice Plantains	5 Beef and Broccoli Egg Noodles Homemade Gravy Freshly Baked Dinner Roll	6 Homemade Lasagna Garden Salad Roasted Cauliflower Freshly Baked Garlic Bread	7 Baked Honey Ham Mashed Potatoes Collard Greens Seasoned Carrots Freshly Baked Biscuit	8 Grilled Chicken Scampi Spaghetti in Olive Oil and Garlic Blistered Tomatoes Sautéed Spinach	9 Pork Chops Rice and Beans Mixed Vegetables Plantains
10 Chicken Teriyaki Potstickers Steak & Cheese Eggrolls Pierogis	11 French Bread Cheese or Pepperoni Pizza Garden Salad (NO SCHOOL)	12 Tacos Chicken, Beef or Beans Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole	13 Korean BBQ Beef Vegetable Lo Mein Matchstick Carrots Fresh Snap Peas Vegetable Egg Roll	14 Chicken or Vegan Crumble Broccoli Alfredo Penne Pasta Garden Peas Freshly Baked Garlic Bread	15 Beef or Bean Enchiladas Cheese, Sour Cream and Salsa Verde Black Beans Luigi's Italian Ice	16 Chicken Marsala Garlic Mashed Potatoes Roasted Mushrooms Roasted Broccoli Freshly Baked Dinner Roll
17 Burrito Bowl Chicken, Pork or Beans Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole	18 Cheese or Pepperoni Calzone Garden Salad Cucumber Wheels Cherry Tomatoes	19 Sloppy Joe or Jane w/ Bread or Tortilla Chips Crinkle Fries Baked Beans Cole Slaw	Half Day 20 Cheese Manicotti Homemade Meat Sauce Garden Salad Green Beans Freshly Baked Garlic Bread	21 Chicken Kiev Garlic Mashed Potato Roasted Broccoli Italian Seasoned Breadstick	22 Beef Stew Oven Roasted Potato Roasted Carrots Garden Peas Freshly Baked Biscuit Peach Cobbler	23 Italian Sausage Sub or Vegan Sausage Sub w/ Roasted Peppers, Onions and Mushrooms Sweet Potato Fries
24 Mozzarella Sticks Corn dog Nuggets Pepperoni Pizza Bites Marinera Sauce Side Salad	25 Pesto Tortellini Or GF/Vegan Pesto Pasta Grilled Chicken Roasted Carrots	26 Broccoli Stuffed Chicken Jasmin Rice Roasted Corn Plantains	27 Macaroni and Cheese w/ Chicken Vegan Mac n' Cheese Green Beans Roasted Tomatoes Freshly Baked Dinner Roll	28 Stir Fried Kielbasa Cheese and Potato Pergogis Stir Fried Broccoli and Green Beans Freshly Baked Dinner Roll	29 Slow Roasted Beef w/ Gravy Glazed Carrots Baked red Potatoes Italian Seasoned Breadstick	30 Tater Tot Casserole Ground beef Peas & Carrots Or Chicken Sandwich