



# The Learning Center Breakfast

**MAY 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa  Mixed Berry Parfait  Mini Pancakes  Bagel with Cream Cheese
2 Breakfast Sandwich Sliders  Tropical Parfait  Mini Pancakes  Bagel with Cream Cheese	3 Warm Strawberry Guava Flip  Blueberry Patch Parfait  Mini Pancakes  Bagel with Cream Cheese	4 Sausage, Egg and Cheese or Egg and Cheese on English Muffin  Just Peachy Parfait  Mini Pancakes  Bagel with Cream Cheese	5 Breakfast Burritos with Salsa  Pumpkin Apple Spice Parfait  Mini Pancakes  Bagel with Cream Cheese	6 Ham, Egg and Cheese or Egg and Cheese on English Muffin  Honey Pear Cranberry Parfait  Mini Pancakes  Bagel with Cream Cheese	7 Whole Grain Waffles Sausage Links  Strawberry Fields Parfait  Mini Pancakes  Bagel with Cream Cheese	8 Cheesy Scrambled Eggs and Whole Grain Toast  Mixed Berry Parfait  Mini Pancakes  Bagel with Cream Cheese
9 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos  Tropical Parfait  Mini Pancakes  Bagel with Cream Cheese	10 Breakfast Pizza  Blueberry Patch Parfait  Mini Pancakes  Bagel with Cream Cheese	11 Sausage, Egg and Cheese or Egg and Cheese on English Muffin  Just Peachy Parfait  Mini Pancakes  Bagel with Cream Cheese	12 Warm Cinnamon Rolls  Pumpkin Apple Spice Parfait  Mini Pancakes  Bagel with Cream Cheese	13 Ham, Egg and Cheese or Egg and Cheese on English Muffin  Honey Pear Cranberry Parfait  Mini Pancakes  Bagel with Cream Cheese	14 French Toast Sticks Hash Brown Rounds  Strawberry Fields Parfait  Mini Pancakes Bagel with Cream Cheese	15 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa  Mixed Berry Parfait  Mini Pancakes  Bagel with Cream Cheese
16 Breakfast Sandwich Sliders  Tropical Parfait  Mini Pancakes  Bagel with Cream Cheese	17 Warm Strawberry Guava Flip  Blueberry Patch Parfait  Mini Pancakes  Bagel with Cream Cheese	18 Sausage, Egg and Cheese or Egg and Cheese on English Muffin  Just Peachy Parfait  Mini Pancakes  Bagel with Cream Cheese	19 Breakfast Burritos with Salsa  Pumpkin Apple Spice Parfait  Mini Pancakes  Bagel with Cream Cheese	20 Ham, Egg and Cheese or Egg and Cheese on English Muffin  Honey Pear Cranberry Parfait  Mini Pancakes  Bagel with Cream Cheese	21 Whole Grain Waffles Sausage Links  Strawberry Fields Parfait  Mini Pancakes Bagel with Cream Cheese	22 Cheesy Scrambled Eggs and Whole Grain Toast  Mixed Berry Parfait  Mini Pancakes  Bagel with Cream Cheese
23 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos  Tropical Parfait  Mini Pancakes  Bagel with Cream Cheese	24 Breakfast Pizza  Blueberry Patch Parfait  Mini Pancakes  Bagel with Cream Cheese	25 Sausage, Egg and Cheese or Egg and Cheese on English Muffin  Just Peachy Parfait  Mini Pancakes  Bagel with Cream Cheese	26 Warm Cinnamon Rolls  Pumpkin Apple Spice Parfait  Mini Pancakes  Bagel with Cream Cheese	27 Ham, Egg and Cheese or Egg and Cheese on English Muffin  Honey Pear Cranberry Parfait  Mini Pancakes  Bagel with Cream Cheese	28 French Toast Sticks Hash Brown Rounds  Strawberry Fields Parfait  Mini Pancakes Bagel with Cream Cheese	29 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa  Mixed Berry Parfait  Mini Pancakes  Bagel with Cream Cheese

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 Warm Strawberry Guava Flip Blueberry Patch Parfait Mini Pancakes Bagel with Cream Cheese	4 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Mini Pancakes Bagel with Cream Cheese	5 Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Mini Pancakes Bagel with Cream Cheese	6 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Mini Pancakes Bagel with Cream Cheese	7 Whole Grain Waffles Sausage Links Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	
	10 Breakfast Pizza Blueberry Patch Parfait Mini Pancakes Bagel with Cream Cheese	11 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Mini Pancakes Bagel with Cream Cheese	12 Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Mini Pancakes Bagel with Cream Cheese	13 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Mini Pancakes Bagel with Cream Cheese	14 French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	
	17 Warm Strawberry Guava Flip Blueberry Patch Parfait Mini Pancakes Bagel with Cream Cheese	18 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Mini Pancakes Bagel with Cream Cheese	19 Breakfast Burritos with Salsa Pumpkin Apple Spice Parfait Mini Pancakes Bagel with Cream Cheese	20 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Mini Pancakes Bagel with Cream Cheese	21 Whole Grain Waffles Sausage Links Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	
	24 Breakfast Pizza Blueberry Patch Parfait Mini Pancakes Bagel with Cream Cheese	25 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Just Peachy Parfait Mini Pancakes Bagel with Cream Cheese	26 Warm Cinnamon Rolls Pumpkin Apple Spice Parfait Mini Pancakes Bagel with Cream Cheese	27 Ham, Egg and Cheese or Egg and Cheese on English Muffin Honey Pear Cranberry Parfait Mini Pancakes Bagel with Cream Cheese	28 French Toast Sticks Hash Brown Rounds Strawberry Fields Parfait Mini Pancakes Bagel with Cream Cheese	



# The Learning Center Lunch

**MAY 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Beefy Macaroni and Cheese or Vegan Nuggets or Crispy Chicken Wrap Roasted Broccoli Cooked Carrot Wheels Garden Salad
2 Chicken Quesadilla or Vegetable Quesadilla Black Beans Corn and Tomato Salad Tomato Soup	3 <b>Choose One</b> Classic Cheeseburger or Black Bean Burger or Ham & Cheese Sandwich Fries Homestyle Baked Beans Corn on the Cob	4 <b>Choose One</b> Spaghetti and Meat Sauce or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Baby Carrots Seasoned Mixed Veggies	5 <b>Choose One</b> Crispy Chicken Tenders or Vegan Nuggets or Turkey & Cheese Sub Crinkle Cut Fries Carrot Sticks Seasoned Mixed Veggies	6 <b>Choose One</b> Mozzarella Stick Basket w/ Marinara Dip or Vegan Sausage Sub or Ham & Cheese Sandwich Tater Tots Roasted Chickpeas Cucumber Wheels	7 <b>Choose One</b> Chicken & Waffles or Eggplant Parm Sandwich or Ham & Cheese Sub Garden Salad Celery Stick Cucumber Wheels	8 Crispy Chicken Drumsticks or Yogurt Bento Box or American Sub Sweet Potato Fries Roasted Cauliflower Three Bean Salad
9 Cheese Burger or Warm Roasted Veggie Sub or Ham and Cheese Sub Mixed Veggies Baby Carrots Potato Chips	10 <b>Choose One</b> Mac & Cheese w/ Breadstick or Black Bean Burger or Turkey and Cheese Sub Broccoli Florets Cherry Tomatoes	11 <b>Choose One</b> Popcorn Chicken Bowl or Vegan Nugget Bowl or Turkey & Cheese Sub Garden Salad Seasoned Corn Cucumber Wheels	12 <b>Choose One</b> Chicken Salad Sandwich or Egg Salad Sandwich or Ham and Cheese Sub Crinkle Fries Mixed Veggies Cherry Tomatoes	13 <b>Choose One</b> Burrito Bowl w/ Beef or Burrito Bowl w/ Vegan Crumbles or Italian Sub Black Beans Seasoned Corn Garden Salad	14 <b>Choose One</b> Classic Cheeseburger or Black Bean Burger or Ham & Cheese Sandwich Fries Homestyle Baked Beans Corn on the Cob	15 Mozzarella Sticks Corn Dog Nuggets Mac & Cheese Bites Marinara Sauce Side Salad
16 American Chop Suey or American Sub Roasted Green Beans Broccoli Florets Baby Carrots	17 <b>Choose One</b> Meatball Parmesan Sub or Vegan Meatball Sub or Turkey and Cheese Sub Tater Tots Cherry Tomatoes Cucumber Wheels	18 <b>Choose One</b> Buffalo Chicken Dip or Spinach and Artichoke Dip w/ Whole Grain Tortilla Chips or Chicken Salad Sandwich Carrot and Celery Sticks	19 <b>Choose One</b> Hot Dog or Black Bean Burger or Crispy Chicken Wrap Seasoned Corn Baby Carrots w/ Ranch Potato chips	20 <b>Choose One</b> Crispy Chicken Sandwich or Greek Hummus Wrap or Turkey and Cheese Sub Cherry Tomatoes Celery Sticks	21 <b>Choose One</b> Pepperoni Pizza or Cheese Pizza or Ham & Cheese Sandwich Garden Salad Cucumber Wheels	22 Indoor BBQ Cheeseburger, Hot Dog or Veggie Patty or Crispy Chicken Wrap Homestyle Baked Beans Cole Slaw Corn on the Cob
23 Crispy Chicken Nuggets or Vegan Nuggets or Ham and Cheese Sub Crinkle Cut Fries Carrot Sticks	24 <b>Choose One</b> Chicken Caesar Salad or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	25 <b>Choose One</b> Soft Beef Tacos or Soft Vegan Tacos or Turkey & Cheese Sandwich Garden Salad Cucumber Wheels	26 <b>Choose One</b> BBQ Crispy Chicken Sandwich or Hummus Bento Box or Turkey and Cheese Sub Cherry Tomatoes Celery Sticks	27 <b>Choose One</b> Teriyaki Chicken Bowl or Eggplant Parm Sandwich or Ham & Cheese Sub Garden Peas Cut Carrots Cucumber Wheels	28 <b>Choose One</b> Hand Pulled BBQ Pork Sandwich or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Homestyle Baked Beans Carrot Sticks	29 Grilled Ham & Cheese or Black Bean Burger or Egg Salad Sub Crinkle Fries Broccoli Florets Cherry Tomatoes

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	3 <b>Choose One</b> Classic Cheeseburger or Black Bean Burger or Ham & Cheese Sandwich Fries Homestyle Baked Beans Corn on the Cob	4 <b>Choose One</b> Spaghetti and Meat Sauce or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Baby Carrots Seasoned Mixed Veggies	5 <b>Choose One</b> Crispy Chicken Tenders or Vegan Nuggets or Turkey & Cheese Sub Crinkle Cut Fries Carrot Sticks Seasoned Mixed Veggies	6 <b>Choose One</b> Mozzarella Stick Basket w/ Marinara Dip or Vegan Sausage Sub or Ham & Cheese Sandwich Tater Tots Roasted Chickpeas Cucumber Wheels	7 <b>Choose One</b> Chicken & Waffles or Eggplant Parm Sandwich or Ham & Cheese Sub Garden Salad Celery Stick Cucumber Wheels	
	10 <b>Choose One</b> Mac & Cheese w/ Breadstick or Black Bean Burger or Turkey and Cheese Sub Broccoli Florets Cherry Tomatoes	11 <b>Choose One</b> Popcorn Chicken Bowl or Vegan Nugget Bowl or Turkey & Cheese Sub Garden Salad Seasoned Corn Cucumber Wheels	12 <b>Choose One</b> Chicken Salad Sandwich or Egg Salad Sandwich or Ham and Cheese Sub Crinkle Fries Mixed Veggies Cherry Tomatoes	13 <b>Choose One</b> Burrito Bowl w/ Beef or Burrito Bowl w/ Vegan Crumbles or Italian Sub Black Beans Seasoned Corn Garden Salad	14 <b>Choose One</b> French Bread Cheese Pizza Or French Bread Pepperoni Pizza or Ham & Cheese Sandwich Carrot and Celery Sticks	
	17 <b>Choose One</b> Chicken Nuggets or Vegan Nuggets or Turkey and Cheese Sub Tater Tots Cherry Tomatoes Cucumber Wheels	18 <b>Choose One</b> Classic Cheeseburger or Black Bean Burger or Ham & Cheese Sandwich Fries Homestyle Baked Beans Corn on the Cob	19 <b>Choose One</b> Mac & Cheese or Black Bean Burger or Turkey & Cheese Sandwich Seasoned Corn Baby Carrots Potato chips	20 <b>Choose One</b> Crispy Chicken Sandwich or Greek Hummus Wrap or Turkey and Cheese Sub Cherry Tomatoes Celery Sticks	21 <b>Choose One</b> Pepperoni Pizza or Cheese Pizza or Ham & Cheese Sandwich Garden Salad Cucumber Wheels	
	24 <b>Choose One</b> Chicken Caesar Salad or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes	25 <b>Choose One</b> Soft Beef Tacos or Soft Vegan Tacos or Turkey & Cheese Sandwich Garden Salad Cucumber Wheels	26 <b>Choose One</b> BBQ Crispy Chicken Sandwich or Hummus Bento Box or Turkey and Cheese Sub Cherry Tomatoes Celery Sticks	27 <b>Choose One</b> Teriyaki Chicken Bowl Or Eggplant Parm Sandwich or Ham & Cheese Sub Garden Peas Cut Carrots Cucumber Wheels	28 <b>Choose One</b> Hand Pulled BBQ Pork Sandwich or Warm Roasted Provencal Sub or Turkey and Cheese Sub Crinkle Fries Homestyle Baked Beans Carrot Sticks	



# The Learning Center Dinner

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Italian Sausage Stir Fry or Vegan Italian Sausage w/ Roasted Peppers, Onions and Mushrooms  Jasmine Rice
2  Chicken Pesto Pasta Gluten Free Pesto Pasta  Garden Peas  Freshly Baked Garlic Bread	3  Broccoli Stuffed Chicken or Breaded Eggplant  Dairy Free Mashed Potato Roasted Broccoli	4  Homemade Meatloaf Vegan Meatballs  Dairy Free Mashed Potatoes Garlic Roasted Green Beans Carrot Sticks	5  Meat or Veggie Lasagna  Garden Salad Roasted Cauliflower  Freshly Baked Garlic Bread  Black Bean Burger w/ Sweet potato Fries	6  Beef or Bean Enchiladas  Cheese, Sour Cream and Salsa Verde  Black Beans	7  Kung Pow Beef Or Kung Pow Tofu  Vegetable Lo Mein Matchstick Carrots Fresh Snap Peas  Vegetable Egg Roll	8  Beef Tacos Or Mushroom Chorizo Taco  Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole
9  Mozzarella Sticks Corndog Mac & Cheese Bites  Vegan Ital Sausage w/ Plantains  Marinera Sauce Side Salad	10  Chicken Kiev/Vegan Nuggets  Jasmin Rice  Roasted Corn	11  BBQ Cauliflower & Pineapple Pizza  or Chicken Salad Sandwich Garden Salad Cucumber Wheels	12  Macaroni and Cheese w/ Chicken and Bacon Or Breaded Eggplant w/ GF Pasta  Green Beans Roasted Tomatoes  Freshly Baked Dinner Roll	13  Zesty Italian Stromboli  Garden Salad Carrot Sticks Celery Sticks Ranch	14  BBQ Pork  Mac & Cheese Corn Bread  Roasted Broccoli	15  Stir Fried Kielbasa  Cheese and Potato Pergogis Stir Fried Broccoli and Green Beans  Freshly Baked Dinner Roll
16  Chicken Teriyaki or Vegan Nugget Teriyaki w/ Not-So-Fried Rice or Ham and Cheese Sub Asian Mixed Vegetables Carrot Sticks Broccoli Florets	17  Corned Beef  Jasmine Rice Yellow Plantains  Corn	18  Italian Sausage or Vegan Sausage w/ Roasted Peppers, Onions and Mushrooms  Sweet Potato Fries	19  Herb Roasted Turkey Or Black Bean Burger  Pasta Salad Cole Slaw  Cornbread	20  Sloppy Joe or Jane w/ Bread or Tortilla Chips  Crinkle Fries Baked Beans Cole Slaw	21  Slow Roasted Beef Vegan Beef Crumbles  Glazed Carrots Potato Hash  Italian Seasoned Breadstick	22  Pork Chops  Rice and Beans Mixed Vegetables  Green Plantains
23  Roast Pork  Mashed Potatoes Sautéed Swiss Chard Maple Glazed Carrots  Freshly Baked Biscuit	24  Cheese Ravioli Homemade Meat Sauce or Marinara  Garlic Sautéed Spinach Antipasto Garden Salad  Freshly Baked Garlic Bread	25  Beef and Broccoli  Oven Roasted Potatoes Egg Noodles Homemade Gravy  Freshly Baked Dinner Roll	26  Shredded Roasted Turkey  Pasta Salad Cole Slaw  Homemade Cheddar Cornbread	27  Burrito Bowl Chicken, Pork or Beans  Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole	28  Rotisserie Chicken Choice of White or Dark Cut  Rice Pilaf Roasted Brussel Sprouts	29  Chicken Broccoli Alfredo  Penne Pasta Garden Peas  Freshly Baked Garlic Bread

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