

# THE LEARNING CENTER FOR THE DEAF • MENU APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
BREAKFAST Hot Dog on a WG Bun Bake Beans Coleslaw ALT: Veggie Beans Fresh Fruit & Milk	BREAKFAST Turkey & Cheese Sub w/Lettuce & Tomatoes French Fries Broccoli ALT: Veggie & Cheese Sub Fresh Fruit & Milk	BREAKFAST WW Pasta W/Meat Sauce Garlic Bread Cauliflower ALT: Veggie Sauce Fresh Fruit & Milk	BREAKFAST Chicken Caesar on WG Wrap w/Lettuce & Tomato Roasted Potato Wedges Green Beans ALT: Hummus Wrap Fresh Fruit & Milk	BREAKFAST Homemade Cheese, Veggie or Pepperoni Pizza Carrots & Celery Sticks Garden Salad Fresh Fruit & Milk
10	11	12	13	14
BREAKFAST Chicken Patty on WG Bun w/Lettuce & Tomatoes Sweet Potato Puffs Green Beans ALT: Veggie Patty Fresh Fruit & Milk	12:00 PM EARLY RELEASE BREAKFAST Macaroni & Cheese Spinach Tossed Salad ALT: Cottage Cheese & Fruit Fresh Fruit & Milk	BREAKFAST BBQ Pork Riblet on a WG Roll Oven Baked Fries Steamed Carrots ALT: BBQ Veggie Patty Fresh Fruit & Milk	BREAKFAST Turkey Burger on WG Bun w/Lettuce & Tomato WG Pasta Salad Cucumber Salad ALT: Veggie Burger Fresh Fruit & Milk	BREAKFAST Taco Meat w/Crispy Tortilla Chips, Salsa & Cheese Black Bean Compote Broccoli ALT: Tofu Fresh Fruit & Milk
17	18	19	20	21
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
24	25	26	27	28
BREAKFAST WG Waffles w/Syrup Sausage Hash Brown 4oz Yogurt ALT: Veggie Sausage Fresh Fruit & Milk	BREAKFAST Tomato Soup Grilled Cheese on WG Bread Broccoli ALT: Cottage Cheese & Fruit Fresh Fruit & Milk	BREAKFAST Cheese Ravioli w/Sauce Tossed Salad Green Beans ALT: Hummus w/Pita Bread Fresh Fruit & Milk	BREAKFAST Hamburger on a Bun w/Lettuce & Tomato Oven Baked Tots Raw Carrots & Celery w/Dip ALT: Veggie Burger Fresh Fruit & Milk	BREAKFAST Herb Roasted Chicken Breast Brown Rice Sautéed Spinach ALT: Roasted Chick Peas Fresh Fruit & Milk
Please note our revised menu format. Breakfast is now listed above the lunch for each day. It is offered Monday-Friday and consists of cold cereal, a bran muffin, fruit of the day and milk. You will need to mark both breakfast and lunch that you want to purchase for each day.				



Student/Employee Name \_\_\_\_\_

**Cost of Meals:**  
 Kids/ B: \$2.25 L: \$3.25  
 Adults/Employee/ B: \$2.66\* L: \$3.98\*  
 (\*Listed price includes MASS sales tax)

**Payment Options:**  
[www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)  
 • Create an Account  
 • Deposit Funds using a credit card  
 • \$2.00 processing fee for service

Return payment to Jon Handricken at the White House Administrative Building located at: 848 Central St. Framingham, MA. 01701

**Free and Reduced Meal Benefits:**  
 Go to [www.lunchapp.com](http://www.lunchapp.com) to apply for Free & Reduced meal benefits

**Nutrition Program Contact:**  
 Jon Handricken  
 Email: [jon\\_handricken@tlcdeaf.org](mailto:jon_handricken@tlcdeaf.org)  
 Phone: (508) 879-5110  
 VP: (508) 202-7644

**Notes:**

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

**ALT = Alternate**

