

THE LEARNING CENTER FOR THE DEAF • MENU DECEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1				
2				
<p><i>Please note our revised menu format. Breakfast is now listed above the lunch for each day. It is offered Monday-Friday and consists of cold cereal, a bran muffin, fruit of the day and milk. You will need to mark both breakfast and lunch that you want to purchase for each day.</i></p>				
5				
6				
7				
8				
9				
BREAKFAST Chicken Quesadilla w/Cheese & Salsa Brown Rice Corn ALT: Tofu Fresh Fruit & Milk	EARLY RELEASE 12:00PM ELEMENTARY ONLY BREAKFAST American Chop Suey Dinner Roll Baby Carrots ALT: Veggie Suey Fresh Fruit & Milk	BREAKFAST Homemade Pizza w/Pepperoni or Cheese Garden Salad Raw Carrots w/Dip Fresh Fruit & Milk	BREAKFAST Turkey Burger on WG Bun w/Lettuce & Tomato French Fries Broccoli ALT: Veggie Burger Fresh Fruit & Milk	BREAKFAST Grilled Cheese on WG Bread Broccoli Tomato Soup Fresh Fruit & Milk
12				
13				
14				
15				
16				
BREAKFAST Chicken Nuggets French Fries Broccoli ALT: Tofu w/Veggies Fresh Fruit & Milk	EARLY RELEASE 12:00PM BREAKFAST Turkey & Cheese Sandwich on WG Bread Pasta Salad Baby Carrots ALT: Cheese Sandwich Fresh Fruit & Milk	BREAKFAST WW Pasta w/Meat Sauce Garlic Bread Cauliflower ALT: Veggie Sauce Fresh Fruit & Milk	BREAKFAST Hot Dog on WG Bun Baked Beans Coleslaw ALT: Veggie Beans Fresh Fruit & Milk	BREAKFAST Homemade Cheese, Veggie or Pepperoni Pizza Carrots & Celery Sticks Garden Salad Fresh Fruit & Milk
19				
20				
21				
22				
23				
BREAKFAST BBQ Pulled Pork w/Black Bean Salsa Brown Rice ALT: BBQ Veggie Patty Fresh Fruit & Milk	BREAKFAST Chicken Patty on WG Bun w/Lettuce & Tomato Sauteed Sweet Potato Spinach ALT: Veggie Patty Fresh Fruit & Milk	BREAKFAST Cheese Ravioli w/Sauce WG Dinner Roll Baby Carrots ALT: Cottage Cheese & Fruit Fresh Fruit & Milk	BREAKFAST Hamburger on a Bun w/Lettuce & Tomato Potato Tots Raw Baby Carrots w/Dip ALT: Veggie Burger Fresh Fruit & Milk	EARLY RELEASE 12:00PM BREAKFAST Italian Sub on WG Roll Pasta Salad Three Bean Salad ALT: Cheese Sub Fresh Fruit & Milk
26				
27				
28				
29				
30				
DECEMBER BREAK	DECEMBER BREAK	DECEMBER BREAK	DECEMBER BREAK	DECEMBER BREAK

Student/Employee Name _____

Cost of Meals:

Kids/ B: \$2.25 L: \$3.25
 Adults/Employee/ B: \$2.66* L: \$3.98*
 (*Listed price includes MASS sales tax)

Payment Options:

www.sendmoneytoschool.com

- Create an Account
- Deposit Funds using a credit card
- \$2.00 processing fee for service

Return payment to Jon Handricken at the White House Administrative Building located at: 848 Central St. Framingham, MA. 01701

Free and Reduced Meal Benefits:

Go to www.lunchapp.com to apply for Free & Reduced meal benefits

Nutrition Program Contact:

Jon Handricken
 Email: jon_handricken@tlcdeaf.org
 Phone: (508) 879-5110
 VP: (508) 202-7644

Notes:

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

ALT = Alternate

